

First, get your hands wet.

Next, get some soap.

濕

正確洗手方法 Clean Hands Save Life

Rub your hands together.

Wash the back of your hands.

Then clean between your fingers.

Rub the back of your fingers on your palm.

Then your thumbs and your fingertips.

Don't forget to rub your wrists.

搓

內：內洗手心
 外：外洗手背
 夾：夾洗指縫
 弓：弓洗指背
 大：大洗虎口
 立：立洗指尖
 腕：腕洗手腕

Use water to rinse your hands and clean the taps.

Dry your hands carefully, too.

That's how everyone should wash their hands.

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